

Sugar-Conscious Special Diet

ThreeSixty[®]
A Food Revolution

To help you find products at ThreeSixty that meet the requirements of a sugar-conscious diet, we have put together this shopping list for your convenience. Please note that this list contains a selection of products in the store that are suitable for a sugar-conscious diet and there may be other products that are not shown on the list.

This shopping list is intended to be used as a guide only. It should not be regarded as medical advice. We have made every effort to ensure the accuracy of the information provided on this list. We cannot, however, guarantee the absence of cross-contamination, nor the change of ingredients. We advise you to always read the label carefully, prior to finalizing your purchase. Always consult your doctor, a qualified nutritionist or a certified homeopath on your specific dietary requirements.

Product Category	Brand	Product Name
Baking Needs	Bob's Red Mill	Cornmeal Fine
Beans / Seeds	Biona Organic	Cracked Linseed Gold
Beans / Seeds	Biona Organic	Linseed Brown
Beans / Seeds	Biona Organic	Butter Beans
Beans / Seeds	Biona Organic	Haricot Beans
Beans / Seeds	Bob's Red Mill	Flaxseed Meal Gold
Beans / Seeds	Natural Value	Organic Pinto Beans
Beans / Seeds	Natural Value	Organic Black Beans
Beans / Seeds	Natural Value	Organic Garbanzo beans
Beans / Seeds	Natural Value	Black Refried Beans
Beans / Seeds	Wild Oats	Organic Garbanzo Beans
Beans / Seeds	Wild Oats	Organic Red Beans
Beans / Seeds	Wild Oats	Organic Lentils
Beans / Seeds	WILD OATS	GARBANZO BEANS ORG
Beans / Seeds	WILD OATS	RED BEANS ORG
Beans / Seeds	WILD OATS	PINTO BEANS ORG
Beans / Seeds	WILD OATS	DARK RED KIDNEYBEANS
Beans / Seeds	WILD OATS	GRT NORTH BEANS ORGANIC
Beans / Seeds	AMY'S	VEG BAKED BEANS
Bread	Rudi's	Bread 7 Grain with Flax
Bread	Rudi's	Bread 14 Grain
Bread	Rudi's	Bread Rosemary Olive Oil
Bread	Rudi's	Bread Tuscan Roasted Garlic
Bread	Rudi's	Bread European Multigrain
Bread	Rudi's	Bread Country French
Bread	Rudi's	Bread Rocky Mountain Sour
Cereals	Eat Well Be Well	Instant Cinnamon Swirl Oatmeal
Cereals	Eat Well Be Well	Apple Cinnamon Cereal Crunch
Cereals	Eat Well Be Well	Golden Maple Instant Oatmeal
Cereals	Eat Well Be Well	Vanilla Almond Crunch Cereal
Cereals	Eat Well Be Well	Whole Grain Almond Crunch
Cheese	Cantare	Mascarpone Cup
Cheese	Cantare	Ricotta
Cheese	Cantare	Fresh Mozzarella Ovolini Cup
Cheese	Cantare	Fresh Mozzarella Perle Cup
Coffee / Tea / Hot Beverages	Clipper	Freeze Dried Coffee
Coffee / Tea / Hot Beverages	Equal Exchange	Mind, Body & Soul
Coffee / Tea / Hot Beverages	Equal Exchange	French Roast
Coffee / Tea / Hot Beverages	Green Mt Coffee	Newman O French Roast
Coffee / Tea / Hot Beverages	Green Mt Coffee	Newman Special Blend Coffee
Coffee / Tea / Hot Beverages	Green Mt Coffee	ORG FTO Sumatran Res.
Coffee / Tea / Hot Beverages	Jasper Coffee	East Timor Maubiesse
Coffee / Tea / Hot Beverages	Jasper Coffee	Dominican Republic
Coffee / Tea / Hot Beverages	Jasper Coffee	Costa Rica
Coffee / Tea / Hot Beverages	Jasper Coffee	Colombian Exelsior
Coffee / Tea / Hot Beverages	Jasper Coffee	Nicaraguan
Coffee / Tea / Hot Beverages	Jasper Coffee	New Guinea Okapa
Coffee / Tea / Hot Beverages	Organic Coffee	Breakfast Blend
Coffee / Tea / Hot Beverages	Organic Coffee Co.	Zen Blend
Coffee / Tea / Hot Beverages	Organic Coffee Co.	Hurricane Espresso
Coffee / Tea / Hot Beverages	Organic Coffee Co.	Java Love
Coffee / Tea / Hot Beverages	Organic Coffee Co.	Fair Trade Gorilla Decaf
Coffee / Tea / Hot Beverages	Organic Coffee Co.	Fair Trade Breakfast Blend
Coffee / Tea / Hot Beverages	Organic Coffee Co.	Fair Trade French Roast

Coffee / Tea / Hot Beverages	SABAH TEA	TEA POT BAGS 20BAGS
Coffee / Tea / Hot Beverages	SABAH TEA	TEA BAG 25 BAGS
Coffee / Tea / Hot Beverages	SABAH TEA	LOOSE TEA LEAVE 50
Coffee / Tea / Hot Beverages	EQUAL EXCHANGE	ETHIOPIAN GRIND
Coffee / Tea / Hot Beverages	EQUAL EXCHANGE	COLOMBIAN GRIND
Confectionery / Cookies / Snack Bars	Eat Well Be Well	Chocolate Bar Almond
Confectionery / Cookies / Snack Bars	Eat Well Be Well	Chocolate Bar Velvety
Confectionery / Cookies / Snack Bars	Eat Well Be Well	Peanut butter Cereal Bar
Confectionery / Cookies / Snack Bars	AUNT GUSSIE'S	SUGAR FREE CHOCCHIP CAKE
Confectionery / Cookies / Snack Bars	AUNT GUSSIE'S	PECAN MELTAWAY
Condiments	Wild Oats	Organic Stoneground Mustard
Condiments	Wild Oats	Organic Yellow Mustard
Condiments	Wild Oats	Tomato Sauce
Condiments	KO-MI	ADDITIVE FREE TOMATO KETCHUP
Cooking Oils / Salad oils	AL' Olivier	Organic Sesame Oil
Cooking Oils / Salad oils	AL' Olivier	Hazelnut Oil
Cooking Oils / Salad oils	AL' Olivier	Grapeseed Oil
Cooking Oils / Salad oils	AL' Olivier	Sundried Tomato Oil
Cooking Oils / Salad oils	AL' Olivier	Provençal Herb Oil
Cooking Oils / Salad oils	AL' Olivier	Walnut Oil
Cooking Oils / Salad oils	AL' Olivier	Org Pumpkin Seed Oil
Cooking Oils / Salad oils	AL' Olivier	Roasted Almond Oil
Cooking Oils / Salad oils	AL'Olivier	Koroneiki Extra Virgin Olive Oil
Cooking Oils / Salad oils	AL'Olivier	Hojiblanca Extra Virgin Olive Oil
Cooking Oils / Salad oils	AL'Olivier	Extra Virgin Olive Oil
Cooking Oils / Salad oils	AL'Olivier	Extra Virgin Olive Oil
Cooking Oils / Salad oils	Newmans Own	Olive Oil Cold pressed
Cooking Oils / Salad oils	Newmans Own	Olive Oil Cold pressed
Cooking Oils / Salad oils	Olitalia	Olive Oil
Cooking Oils / Salad oils	Olitalia	Orc. Ex. Virgin Olive Oil Fruity
Cooking Oils / Salad oils	Wild Oats	Organic Extra Virgin Olive Oil
Cooking Oils / Salad oils	Wild Oats	Organic Extra Virgin Olive Oil
Cooking Oils / Salad oils	Wild Oats	Grapeseed Oil
Cooking Oils / Salad oils	NISSIN OILLIO	HEALTHY RESETTER OIL
Crackers / Rice Cakes	AUNT GUSSIE'S	WHT SF GARLIC CRACKER
Crackers / Rice Cakes	AUNT GUSSIE'S	WH SF SESAME CRACKER
Dried Fruits / Nuts	Crazy Jack's	Organic Almonds
Dried Fruits / Nuts	Crazy Jack's	Organic Cashews
Dried Fruits / Nuts	Crazy Jack's	Organic Hazelnuts
Dried Fruits / Nuts	Crazy Jack's	Organic Pinenuts
Fruits	All fresh fruits as part of a well-balanced diet.	
Grain / Rice	SATOU	RETORT BLACK RICE
Grain / Rice	SATOU	RETORT GERMINATE BROWN RICE
Grain / Rice	SATOU	RETORT HEALTHY RICE
Grain / Rice	HAKUBAKU	PURE WHEAT
Grain / Rice	HAKUBAKU	GERMINATED BROWN RICE & 8 GRAINS
Grain / Rice	OOTSUKA SYOKUHIN	KONNYAKU POWDER FOR RICE COOKING
Meat / Poultry	All fresh lean meat.	
Meat / Poultry	All fresh lean poultry parts.	
Meat / Poultry	Shelton's	Frozen Meat Chicken Fryer Whole
Noodles	HAKUBAKU	WHEAT & TORORO NOODLE
Noodles	OBINATA	BUCKWHEAT NOODLE
Noodles	KAMOGATA	TENOBE SOUMEN
Noodles	MARUTSUNE	IBONOITO SOMEN
Noodles	OOSAWA JAPAN	INAKA SOBA
Noodles	SOKEN SHA	YAM POTATO & BUCKWHEAT NOODLE
Pasta	Biona Organic	Spelt Fusilli
Pasta	Biona Organic	Spelt Spaghetti
Salad Dressings	Annie's Natural	Green Garlic
Salad Dressings	Annie's Natural	Roasted Red Pepper
Salad Dressings	Annie's Natural	Tuscany Italian
Salad Dressings	Annie's Natural	Goddess Dressings
Salad Dressings	WILD OATS	ITALIAN DRESSING ORGANIC
Salad Dressings	WILD OATS	OIL+BALSAMIC DRESSING ORGANIC
Savory Snacks (Chips, Popcorn, Pretzels, etc.)	Wild Oats	Organic Popcorn Plain
Savory Snacks (Chips, Popcorn, Pretzels, etc.)	Wild Oats	Organic Popcorn Butter Flavor
Sauces / Gravies / Dips	Draws All Natural	Double Roasted Salsa
Sauces / Gravies / Dips	Draws All Natural	Salsa Hot
Sauces / Gravies / Dips	Draws All Natural	Salsa Mild
Sauces / Gravies / Dips	Kikkoman	CONVEIENCE SAUCE W/CRAB MEAT FOR 3 PERSON
Sauces / Gravies / Dips	Kikkoman	PERSON
Sauces / Gravies / Dips	Kikkoman	PERSON
Seafood	All fresh seafood.	
Seafood	Natural Sea	Fish Fillets
Seafood	Natural Sea	Shrimp Lightly breaded
Seafood	Natural Sea	Garlic Butter Shrimp with Herbs
Seafood	Natural Sea	Scallops Lightly Breaded
Seafood	Natural Sea	Crab Cakes Premium

Seafood	Natural Sea	Calamari Rings
Seafood	Wild Oats	Chunk Light Tongol Tuna in Water
Seafood	Wild Oats	Solid White Albacore Tuna in water
Seafood	Wild Oats	SmokedTuna Slices in Water
Seafood	HAGOROMO	SAURY IN KABAYAKI SOY SAUCE 90G
Seafood	HAGOROMO	NON ADDITIVE BOILED TUNA FLAKE 80GX3PCS
Seasonings / Herbs / Spices	All fresh herbs.	
Seasonings / Herbs / Spices	All salt and pepper.	
Seasonings / Herbs / Spices	All pure spices.	
Seasonings / Herbs / Spices	HAKATA SALT	HAKATA SALT (RAW)
Seasonings / Herbs / Spices	AJINOMOTO	SETO SEA SALT
Seasonings / Herbs / Spices	OOTSUKA	NATURAL SEA SALT
Soups / Broths	Baxters	Lentil & Veg. Soup
Soups / Broths	Baxters	H.H. Vegetable Soup
Soups / Broths	Baxters	H.H. Italian Broth with Bacon
Soups / Broths	Health Valley	Fat Free Chicken Broth
Soups	HEALTH VALLEY	BEEF FAT FREE BROTH
Soups	IMAGINE	FREE RANGE CHICKEN BROTH
Soups	IMAGINE	VEG ORGANIC BROTHS
Soups	HEALTH VALLEY	BEEF BROTH FF
Soups	HEALTH VALLEY	CHICKEN BROTH FF
Soups	HEALTH VALLEY	VEGETABLE BROTH
Soups	HEALTH VALLEY	CHICKEN BROTH
Soy / Tofu / Meat Substitutes / Dairy Substitutes	Turtle Island	Tofurky Brats
Soy / Tofu / Meat Substitutes / Dairy Substitutes	Turtle Island	Tempeh 5Grain
Soy / Tofu / Meat Substitutes / Dairy Substitutes	Turtle Island	Soy Tempeh
Soy / Tofu / Meat Substitutes / Dairy Substitutes	SANADA	DRIED BEAN CURD (GOUYA TOFU)
Soy / Tofu / Meat Substitutes / Dairy Substitutes	Ajinomoto	Honey syrup
Soy / Tofu / Meat Substitutes / Dairy Substitutes	SOKEN SHA	ORGANIC SOYBEAN POWDER
Vegetables	Biona Organic	Whole Peeled Tomatoes
Vegetables	All fresh vegetables.	
Vegetables	Wild Oats	Tomato Paste
Vegetables	RIKEN	DRY WAKAME SEAWEED FOR SALAD
Vegetables	RIKEN	DRY MEKABU SEAWEED FOR SALAD
Vegetables	SANADA-YAMASHIRO	MUSHROOM (WHOLE)
Vegetables	SANADA-YAMASHIRO	SLICED MUSHROOM
Vegetables	SSK	AGAR POWDER FOR RICE COOKING
Vegetables	EDWARD & SONS	HEARTS OF PALM
Vegetables	NATIVE FOREST	ARTICK HEART QTR
Vegetables	EPICURE	ORG.CHICK PEAS
Vegetables	BIONA ORGANIC	CHICK PEAS
Vinegars	Eden Foods	Red Wine Vinegar
Vinegars	Eden Foods	UME Plum Vinegar
Vinegars	Eden Foods	Brown Rice Vinegar, Organic
Vinegars	Epicure	Balsamic Vinegar
Vinegars	Wild Oats	Organic Apple Cider Vinegar