

Low Sodium Special Diet



To help you find products at ThreeSixty that meet the requirements of a low sodium diet, we have put together this shopping list for your convenience. Please note that this list contains a selection of products in the store that are suitable for a low sodium diet and there may be other products that are not shown on the list.

This shopping list is intended to be used as a guide only. It should not be regarded as medical advice. We have made every effort to ensure the accuracy of the information provided on this list. We cannot, however, guarantee the absence of cross-contamination, nor the change of ingredients. We advise you to always read the label carefully, prior to finalizing your purchase. Always consult your doctor, a qualified nutritionist or a certified homeopath on your specific dietary requirements.

Product Category	Brand	Product Name
Baby Foods	Earth's Best	Multigrain Cereal
Baby Foods	Earth's Best	Peach Oat Bananas
Baby Foods	Earth's Best	First Peas
Baby Foods	Earth's Best	First Pears
Baby Foods	Earth's Best	First Carrots
Baby Foods	Earth's Best	Garden Vegetables
Baby Foods	Earth's Best	Corn Butternut Squash
Baby Foods	Earth's Best	Chunky Orchard Fruit
Baby Foods	Earth's Best	Peach Apricot Muesli
Baby Foods	Earth's Best	Apple Yogurt Oatmeal
Baby Foods	Earth's Best	Vegetable Beef Pilaf
Baby Foods	Earth's Best	Apple Apricot Puree
Baby Foods	Earth's Best	Tots Apple Peach Banana Juice
Baby Foods	Earth's Best	Tots Strawberry Pear Juice
Baby Foods	Earth's Best	Tots Apple Juice
Baby Foods	Earth's Best	Spring Vegetable Pasta
Baby Foods	Earth's Best	Rice & Lentil
Baby Foods	Earth's Best	Bananas
Baby Foods	Earth's Best	Apple Plum Puree
Baby Foods	Earth's Best	Apple Puree
Baby Foods	Earth's Best	Pears Mangoes
Baby Foods	Holle	Organic Mixed Fruits
Baby Foods	Holle	Organic Spelt Porridge
Baby Foods	Holle	Organic Millet Porridge
Baby Foods	Holle	Organic Rice Porridge
Baby Foods	Holle	Organic Three Grain Cereal
Baby Foods	Holle	Organic Mixed vegetables
Baby Foods	Holle	ORG Spinach & Rice
Baby Foods	Holle	Organic Potato & Corn & Beef
Baby Foods	Holle	ORG Broccoli & Whole Grain Rice
Baby Foods	Holle	Org Zucchini, Pumpkin & Potatoes
Baby Foods	Holle	Org Apple & Bilberry
Baby Foods	Holle	Organic Apple
Baby Foods	Holle	Organic Mixed Vegetables & Rice
Baby Foods	Holle	Organic Pear
Baby Foods	Holle	Organic Pumpkin & Chicken
Baby Foods	ONLY ORGANIC	4M A&MDEL BABYFOOD
Baby Foods	ONLY ORGANIC	4M APBRIP BABYFOOD
Baby Foods	ONLY ORGANIC	4M P&WRCE BABYFOOD
Baby Foods	ONLY ORGANIC	4M PUPEAR BABYFOOD
Baby Foods	ONLY ORGANIC	4M P&WBER BABYFOOD
Baby Foods	ONLY ORGANIC	6M IVERIS BABYFOOD
Baby Foods	ONLY ORGANIC	9M PMSUNS BABYFOOD
Baby Foods	ONLY ORGANIC	4M A&PDES BABYFOOD
Baby Foods	ONLY ORGANIC	6M MBLIS BABYFOOD
Baby Foods	ONLY ORGANIC	6M SL&VEG BABYFOOD
Baby Foods	ONLY ORGANIC	9M MDLCAS BABYFOOD
Baby Foods	ONLY ORGANIC	6M FRMUES BABYFOOD
Baby Foods	ONLY ORGANIC	6M VEGNOO BABYFOOD
Baby Foods	ONLY ORGANIC	6M PASBOL BABYFOOD
Baby Foods	ORGANIC BABY	SWEET POTATO CHIKN
Baby Foods	ORGANIC BABY	VEGETABLE TURKEY
Baby Foods	ORGANIC BABY	VEGETABLE BEEF
Baby Foods	ORGANIC BABY	GARDEN VEGETABLES

Baby Foods	ORGANIC BABY	PASTA DINNER
Baby Foods	ORGANIC BABY	PEAS RICE
Baby Foods	ORGANIC BABY	APPLES BANANAS
Baby Foods	ORGANIC BABY	CORN BUTRNUST SQUASH
Baby Foods	ORGANIC BABY	PEAS
Baby Foods	ORGANIC BABY	CARROTS
Baby Foods	ORGANIC BABY	SUMMER VEGETABLE
Baby Foods	ORGANIC BABY	APPLESAUCE
Baking Needs	Bob's Red Mill	Gluten Free Bread Mix
Baking Needs	Bob's Red Mill	Cornmeal Fine
Baking Needs	Bob's Red Mill	Milk Powder Buttermilk
Baking Needs	Bob's Red Mill	Organic Soy Flour
Baking Needs	Dr. Oetker	Organic Pudding Mix Chocolate
Baking Needs	Dr. Oetker	Organic Pudding Mix Banana
Baking Needs	Dr. Oetker	Organic Pudding Mix Vanilla
Baking Needs	Dr. Oetker	Organic Pudding Mix Mocha
Beans / Seeds	Biona Organic	Cracked Linseed Gold
Beans / Seeds	Biona Organic	Linseed Brown
Beans / Seeds	Bob's Red Mill	Flaxseed Meal Gold
Beans / Seeds	NATURAL VALUE	KIDNEY BEANS
Beans / Seeds	NATURAL VALUE	BLACK BEANS
Beans / Seeds	NATURAL VALUE	PINTO BEANS
Beans / Seeds	NATURAL VALUE	GARBANZO BEANS
Beverages	Blue Sky	Orange Divine
Beverages	Blue Sky	Truly Orange
Beverages	Blue Sky	Lemon Lime
Beverages	Duchy Original	Elderflower Refresher
Beverages	Duchy Original	Ginger Refresher
Beverages	Duchy Original	Apple Refresher
Beverages	Duchy Original	Lemon Refresher
Beverages	Hansen's	Key Lime
Beverages	Hansen's	Cherry Soda
Beverages	Hansen's	Vanilla Cola
Beverages	Hansen's	Orange Mango
Beverages	Whole Earth	Organic Sparkling Lemonade
Beverages	Whole Earth	Organic Sparkling Cranberry Drink
Beverages	Whole Earth	Organic Sparkling Cola
Beverages	Wild Oats	Sweetened Peppermint Green Tea
Beverages	Wild Oats	Sweetened Peach White Tea
Breakfast & Brunch	Eat Well Be Well	Instant Cinnamon Swirl Oatmeal
Breakfast & Brunch	Eat Well Be Well	Golden Maple Instant Oatmeal
Cereals	Cascadian Farms	Oats & Honey Granola
Cereals	Cascadian Farms	Multigrain Squares
Cereals	Eat Well Be Well	Chocolate Bar Almond
Cereals	Eat Well Be Well	Chocolate Bar Velvety
Cereals	Eat Well Be Well	Peanut butter Cereal Bar
Cereals	Eat Well Be Well	Apple Cinnamon Cereal Crunch
Cereals	Eat Well Be Well	Vanilla Almond Crunch Cereal
Cereals	Eat Well Be Well	Whole Grain Almond Crunch
Cereals	Health Valley	Cranberry Crunch
Cereals	Health Valley	Golden Flax
Cereals	Health Valley	Oat Bran Flakes with Raisins
Cereals	Health Valley	Amaranth Flakes
Cereals	Health Valley	Oat Bran Flakes
Cereals	Health Valley	Blueberry Bliss
Cheese	Cantare	Mascarpone Cup
Coffee / Tea / Hot Beverages	Green Mt Coffee	Newman O French Roast
Coffee / Tea / Hot Beverages	Green Mt Coffee	Newman Special Blend Coffee
Coffee / Tea / Hot Beverages	Green Mt Coffee	ORG FTO Sumatran Res.
Coffee / Tea / Hot Beverages	Clipper	Freeze Dried Coffee
Coffee / Tea / Hot Beverages	SABAH TEA	TEA BAG 50 BAGS
Coffee / Tea / Hot Beverages	SABAH TEA	TEA POT BAGS 20BAGS
Coffee / Tea / Hot Beverages	SABAH TEA	LOOSE TEA LEAVE 10
Coffee / Tea / Hot Beverages	SABAH TEA	LOOSE TEA LEAVE 50
Coffee / Tea / Hot Beverages	SABAH TEA	TEA BAG 25 BAGS
Coffee / Tea / Hot Beverages	EQUAL EXCHANGE	ETHIOPIAN GRIND
Coffee / Tea / Hot Beverages	EQUAL EXCHANGE	COLOMBIAN GRIND
Confectionery / Cookies / Snack Bars	Cascadian Farm	Multigrain Chewy Granola
Confectionery / Cookies / Snack Bars	Cascadian Farm	Harvest Berry Chewy
Confectionery / Cookies / Snack Bars	Cascadian Farm	Fruit & Nut Chewy Granola Bars
Confectionery / Cookies / Snack Bars	Cascadian Farm	Chocolate Chip Chewy Granola
Confectionery / Cookies / Snack Bars	My Family Farm	Wild Animal Vanilla Cookies
Confectionery / Cookies / Snack Bars	My Family Farm	Brown Bear Vanilla chocolate Dipped Cookies
Confectionery / Cookies / Snack Bars	My Family Farm	Artic Bear Lemon Iced Cookie
Condiments	KO-MI	ADDITIVE FREE TOMATO KETCHUP
Cooking Oils / Salad oils	AL'Olivier	Koroneiki Extra Virgin Olive Oil
Cooking Oils / Salad oils	AL'Olivier	Hojiblanca Extra Virgin Olive Oil
Cooking Oils / Salad oils	AL'Olivier	Extra Virgin Olive Oil

Cooking Oils / Salad oils	AL'Olivier	Extra Virgin Olive Oil
Cooking Oils / Salad oils	AL' Olivier	Organic Sesame Oil
Cooking Oils / Salad oils	AL' Olivier	Hazelnut Oil
Cooking Oils / Salad oils	AL' Olivier	Grapeseed Oil
Cooking Oils / Salad oils	AL' Olivier	Org Pumpkin Seed Oil
Cooking Oils / Salad oils	AL' Olivier	Walnut Oil
Cooking Oils / Salad oils	Newmans Own	Olive Oil Cold pressed
Cooking Oils / Salad oils	Newmans Own	Olive Oil Cold pressed
Cooking Oils / Salad oils	Olitalia	Olive Oil
Cooking Oils / Salad oils	Olitalia	Orc. Ex. Virgin Olive Oil Fruity
Cooking Oils / Salad oils	Wild Oats	Organic Extra Virgin Olive Oil
Cooking Oils / Salad oils	Wild Oats	Organic Extra Virgin Olive Oil
Cooking Oils / Salad oils	Wild Oats	Grapeseed Oil
Cooking Oils / Salad oils	Wild Oats	Canola Oil
Cooking Oils / Salad oils	NISSIN OILLIO	HEALTHY REDUCE CHOLESTEROL OIL
Cooking Oils / Salad oils	NISSIN OILLIO	OIL W/LINOLEIC ACID
Crackers / Rice Cakes	Edward & Sons	Sesame No Salt Brown Rice Snaps
Crackers / Rice Cakes	Edward & Sons	Onion Garlic
Crackers / Rice Cakes	Kallo	Rice Cake Thick No Salt
Crackers / Rice Cakes	Kallo	Rice Cake Bar Hazelnut & Chocolate
Crackers / Rice Cakes	Kallo	Oat & Rice Cake
Crackers / Rice Cakes	Kallo	Corn Cake-thin
Crackers / Rice Cakes	Kallo	Rice cake thin with no salt
Crackers / Rice Cakes	Lundberg	Organic Popcorn Rice Cake
Dairy (Butter, Yogurt, Cream, Milk, etc.)	Brown Cow	Low Fat Plain yogurt
Dairy (Butter, Yogurt, Cream, Milk, etc.)	Brown Cow	Low Fat Vanilla Yogurt
Dairy (Butter, Yogurt, Cream, Milk, etc.)	Brown Cow	Low Fat Strawberry Yogurt
Dairy (Butter, Yogurt, Cream, Milk, etc.)	Brown Cow	Low Fat Peach Yogurt
Dairy (Butter, Yogurt, Cream, Milk, etc.)	Brown Cow	Low Fat Maple Yogurt
Dairy (Butter, Yogurt, Cream, Milk, etc.)	Brown Cow	Low Fat Lemon Twist Yogurt
Dairy (Butter, Yogurt, Cream, Milk, etc.)	Brown Cow	Low Fat Boysenberry Yogurt
Dairy (Butter, Yogurt, Cream, Milk, etc.)	Brown Cow	Low Fat Blueberry Yogurt
Dairy (Butter, Yogurt, Cream, Milk, etc.)	Brown Cow	Low Fat Blackcherry yogurt
Dairy (Butter, Yogurt, Cream, Milk, etc.)	Brown Cow	Non Fat Vanilla Yogurt
Dairy (Butter, Yogurt, Cream, Milk, etc.)	Brown Cow	Non Fat Strawberry Yogurt
Dairy (Butter, Yogurt, Cream, Milk, etc.)	Brown Cow	Non Fat Raspbery Yogurt
Dairy (Butter, Yogurt, Cream, Milk, etc.)	Nancy's	Fruit on the Top Strawberries non-fat yogurt
Dairy (Butter, Yogurt, Cream, Milk, etc.)	Nancy's	Fruit on the Top Blackberry non-fat yogurt
Dairy (Butter, Yogurt, Cream, Milk, etc.)	Rachel's	Organic Unsalted Butter
Dried Fruits / Nuts	Crazy Jack's	Organic Cranberries
Dried Fruits / Nuts	Crazy Jack's	organic Sultanas
Dried Fruits / Nuts	Crazy Jack's	Organic Soft Figs
Dried Fruits / Nuts	Crazy Jack's	Organic Soft Prunes
Dried Fruits / Nuts	Forest Feast	Fair Trade Dried pineapple
Dried Fruits / Nuts	Forest Feast	Fair Trade Dried Mangoes
Dried Fruits / Nuts	Made in Nature	Black Mission Figs
Dried Fruits / Nuts	Made in Nature	Apple Slices
Dried Fruits / Nuts	Made in Nature	Prunes
Dried Fruits / Nuts	Made in Nature	Pineapple Bits
Dried Fruits / Nuts	Made in Nature	Turkish Apricots.
Dried Fruits / Nuts	Newman's Own	Organic Raisins Mini \6's
Dried Fruits / Nuts	Newman's Own	Organic Cranberries Zip Lock
Dried Fruits / Nuts	Newman's Own	Organics Pitted Prunes Can
Dried Fruits / Nuts	Newman's Own	Organic California Raisins Can
Dried Fruits / Nuts	Whole Kids Organic	Organic Sultanas
Dried Fruits / Nuts	Wild Oats	Organic Whole Berry Cranberries
Frozen Desserts / Ice Cream	Rice Dream	Frozen Dessert Orange Vanilla Swirl
Frozen Desserts / Ice Cream	Rice Dream	Frozen Dessert Vanilla
Frozen Desserts / Ice Cream	Rice Dream	Frozen Dessert Neapolitan
Frozen Desserts / Ice Cream	Rice Dream	Frozen Dessert Cocoa Marble Fudge
Frozen Desserts / Ice Cream	Rice Dream	Frozen Dessert Cookies'n Dream
Fruits	Biona Organic	Mini Pineapple Rings
Fruits	Wild Oats	Organic Applesauce
Fruits	Wild Oats	Organic Cinnamon Apple Sauce
Fruits	All fresh fruits.	
Fruit / Vegetable Juice	Barsotti	Pomegranate Apple Juice
Fruit / Vegetable Juice	Barsotti	Carrot Juice
Fruit / Vegetable Juice	Barsotti	Apple Raspberry Juice
Fruit / Vegetable Juice	Barsotti	Lemonade
Fruit / Vegetable Juice	Barsotti	Apple Juice
Fruit / Vegetable Juice	Columbia Grove	Organic Apple
Fruit / Vegetable Juice	Columbia Grove	Organic Orange Juice
Fruit / Vegetable Juice	Knudsen	Organic Prune Juice
Fruit / Vegetable Juice	Knudsen	Organic Blueberry Nectar
Fruit / Vegetable Juice	Knudsen	Tropical Punch
Fruit / Vegetable Juice	Knudsen	Organic Pear Juice
Fruit / Vegetable Juice	Knudsen	Organic Apple Juice
Fruit / Vegetable Juice	Native Forest	Organic Pineapple Crushed

Fruit / Vegetable Juice	Native Forest	Organic Pineapple Chunks
Fruit / Vegetable Juice	Native Forest	Organic Pineapple Slice
Fruit / Vegetable Juice	Sonoma Sparkler	Natural Pear
Fruit / Vegetable Juice	Sonoma Sparkler	Natural Raspberry
Fruit / Vegetable Juice	Sonoma Sparkler	Organic Lemonade
Fruit / Vegetable Juice	Wild Oats	Organic Cranberry Juice
Grain / Rice	Lundberg	Organic Short Organic Brown Rice
Grain / Rice	Lundberg	Organic Long Organic Brown Rice
Grain / Rice	Lundberg	Organic Wild Rice
Grain / Rice	SATOU	RETORT GERMINATE BROWN RICE
Grain / Rice	SATOU	RETORT HEALTHY RICE
Grain / Rice	HAKUBAKU	PURE WHEAT
Grain / Rice	KADAWARIKAZOKU	SHIGA KOSHIHIKARI
Grain / Rice	KADAWARIKAZOKU	FUKUI KOSHIHIKARI
Grain / Rice	KADAWARIKAZOKU	YAMAGATA KOSHIHIKARI
Grain / Rice	KADAWARIKAZOKU	ORGANIC HITOMEBORE RICE
Jams / Preserves / Spreads	Bionaturae	Apricot Fruit Spread
Jams / Preserves / Spreads	Bionaturae	Strawberry Fruit Spread
Jams / Preserves / Spreads	Bionaturae	Bilberry Fruit Spread
Jams / Preserves / Spreads	Bionaturae	Sicilian Orange
Jams / Preserves / Spreads	Cascadian Farm	Harvest Berry
Jams / Preserves / Spreads	Cascadian Farm	Concord Grape Spread
Jams / Preserves / Spreads	Cascadian Farm	Blueberry
Jams / Preserves / Spreads	Cascadian Farm	Blackberry
Jams / Preserves / Spreads	Cascadian Farm	Sweet Orange Marmalade
Jams / Preserves / Spreads	Duchy Original	Raspberry & Lime
Jams / Preserves / Spreads	Duchy Original	Summerfruit Preserves
Jams / Preserves / Spreads	Duchy Original	Morello Cherry Preserve
Jams / Preserves / Spreads	Duchy Original	English Damson
Jams / Preserves / Spreads	Duchy Original	Seville Orange Marmalade
Jams / Preserves / Spreads	Duchy Original	Blood Orange Marmalade
Jams / Preserves / Spreads	Duchy Original	Clementine Marmalade
Jams / Preserves / Spreads	Duchy Original	Lemon curd
Meat / Poultry	All fresh meat.	
Meat / Poultry	All fresh poultry products.	
Noodles	HAKUBAKU	WHEAT & TORORO NOODLE
Noodles	OBINATA	BUCKWHEAT NOODLE
Noodles	KAMOGATA	TENOBE SOUMEN
Noodles	MARUTSUNE	IBONOITO SOMEN
Noodles	OOSAWA JAPAN	INAKA SOBA
Noodles	SOKEN SHA	YAM POTATO & BUCKWHEAT NOODLE
Pasta	Biona Organic	Spelt Fusilli
Pasta	Biona Organic	Spelt Spaghetti
Pasta	Bionaturae	Spaghetti Gluten Free
Pasta	Bionaturae	Penne Rigate Gluten-Free
Pasta	Bionaturae	Fusilli Gluten Free
Pasta	Eden Foods	Vegetable Shells
Pasta	Eden Foods	Spinach Ribbon Whole Grain
Pasta	Eden Foods	Vegetable Alphabet
Pasta	Eden Foods	Endless Rigatoni
Pasta	Natural Value	Rotelle
Pasta	Natural Value	Angel Hair
Pasta	Natural Value	Spaghetti
Pasta	Natural Value	Penne
Pasta	Natural Value	Rigatoni
Pasta	Natural Value	Lasagna mini
Pasta	Wild Oats	Organic Whole Wheat Spaghetti
Pasta	Wild Oats	Organic Whole Wheat Penne Rigate
Pasta	Wild Oats	Organic Capellini
Pasta	Wild Oats	Organic Whole Wheat Fusilli
Pasta	Wild Oats	Organic Fettuccine
Pasta	Wild Oats	Organic Linguine
Pasta	Wild Oats	Organic Lasagne
Pasta	Wild Oats	Organic Radiatore
Salad Dressings	Annie's Natural	Green Garlic
Sauces / Gravies / Dips	Wild Oats	Organic Jellied Cranberry Sauce
Sauces / Gravies / Dips	Wild Oats	Organic Premium Coconut Milk
Sauces / Gravies / Dips	Wild Oats	Light Premium Coconut Milk
Seafood	HAGOROMO	NON ADDITIVE BOILED TUNA FLAKE 80GX3PCS
Seasonings / Herbs / Spices	All fresh herbs.	
Seasonings / Herbs / Spices	All pure spices.	
Seasonings / Herbs / Spices	All dried pure herbs.	
Soy / Tofu / Meat Substitutes / Dairy Substitutes	Edensoy	Original Soymilk
Soy / Tofu / Meat Substitutes / Dairy Substitutes	Edensoy	Vanilla Soymilk
Soy / Tofu / Meat Substitutes / Dairy Substitutes	Edensoy	Edenblend Soy & Rice
Soy / Tofu / Meat Substitutes / Dairy Substitutes	Nancy's	Cultured Soy Strawberries
Soy / Tofu / Meat Substitutes / Dairy Substitutes	Nancy's	Cultured Plain Soy
Soy / Tofu / Meat Substitutes / Dairy Substitutes	Nancy's	Cultured Soy KiwiLime

Soy / Tofu / Meat Substitutes / Dairy Substitutes	Nancy's	Cultured Soy Blueberries
Soy / Tofu / Meat Substitutes / Dairy Substitutes	RICE DREAM	ORG RICE DRINK
Sugar / Sweetener / Honey / Syrup	Wholesome	Organic Pancake Syrup
Sugar / Sweetener / Honey / Syrup	Wild Oats	Organic Amber Grade A Maple Syrup
Vegetables	Biona Organic	Whole Peeled Tomatoes
Vegetables	Wild Oats	Tomato Paste
Vegetables	All fresh vegetables.	
Vegetables	SANADA-YAMASHIRO	MUSHROOM (WHOLE)
Vegetables	SANADA-YAMASHIRO	SLICED MUSHROOM
Vegetables	SSK	AGAR POWDER FOR RICE COOKING
Vinegars	AL' Olivier	Balsamic Vinegar
Vinegars	Epicure	Balsamic Vinegar
Vinegars	Marukan	Brewed Rice Vinegar
Vinegars	Napa Valley	Champagne Vinegar
Vinegars	Napa Valley	Spanish Sherry Vinegar
Vinegars	Napa Valley	Balsamic Vinegar
Vinegars	Napa Valley	Balsamic Vinegar
Vinegars	Newmans Own	Balsamic Vinegar
Vinegars	Wild Oats	Organic Apple Cider Vinegar